Important Dates

**AUGUST**
- **Monday 24**
  - Golf/Botanic Gardens Afternoon
  - Excursion – Whole School
- **Monday 24** – **Friday 28**
  - Book Week
- **Wednesday 26**
  - Book Week Parade – 2.00 pm
- **Friday 28**
  - OVLC Softball/T-Ball Carnival
  - NC Athletics
- **Monday 31**
  - P & C Meeting – 6.00 pm

**SEPTEMBER**
- **Wednesday 2**
  - OVLC CAPA Day
  - Whole School Assembly – 3-6, 2.30 pm
- **Friday 4**
  - Jump Rope for Heart
- **Tuesday 8**
  - K-2 Enrichment Day – Ulong PS
- **Thursday 10**
  - Orara HS Science & Maths Day
- **Friday 18**
  - Last Day Term 3

**Notes Due Back to School**
- School Contribution
- Golf/Botanic Gardens Excursion
- OVLC Softball/T-Ball
- Orara HS Science/Maths Day
- Jump Rope for Heart
- Book Club – NEXT Friday, 28th August

**Athletics**

Congratulations to Paige Luck who came first in the recent Mid North Coast Zone Athletics, 800m 11Yr Girls race with an impressive time of 2:38:69. Paige will now move one step closer to achieving her goal of making it to the Nationals by competing at Lismore next week. We wish Paige every success and congratulate her on her persistence in training and following her goals.

**RSPCA Fundraiser**

As part of our ongoing commitment to charity organisations, we held a cup cake sale today to raise funds for the RSPCA. Sue Merrick accompanied by ‘Bindi’ from the RSPCA organisation talked to the children at school about the important work they do and how to help keep all animals well cared for and safe. Thank you to everyone who made and bought cupcakes and donated money for this very worthy cause. Over $220 was raised...WELL DONE!

**Year 5/6 Excursion Work for the Funds**

Year 5 and 6 children have asked to be able to complete some work to contribute to their costs of the school excursion to Canberra. They have decided to wash cars on Thursday lunchtime at a cost of $10 a car. Staff cars will be washed and we can also offer this service to parents/carers from 1:30pm-2:30pm. If you wish to have your car washed, please bring your car along on Thursday afternoon between these times and park it in the staff car park. Cars will need to be moved after 2:30 to allow access to OOSH. The money raised will be divided between all students going on the excursion and taken off the amount owing for each child. Further details about the excursion will be provided by the OVLC within the next few weeks.

**Golf Day/Botanic Gardens**

An opportunity has arisen for children in Years 3-6 to attend a one off Golf Day at Coffs Harbour Golf course on **Monday, 24th August**. Children will be taken by bus to the golf course and escorted by the Jack Newton Primary Schools Coach, Mr Ray Robbins, to participate in several
activities. This follows on from the teacher golf training course in the morning. We hope as a result of this that some golf activities could be added to the school’s PE and Sport events. The children in K-2 will take the opportunity to go to the Botanical Gardens in Coffs Harbour. The bus will leave school at about 11.00 am taking all students and then return to school by 2.15 pm. There will be Canteen available for RECESS ONLY. Children will need to bring their own lunch.

**Softball/T-Ball**

On **Friday, August 28th** children in Years 3-6 will take part in the OVLC Softball/T-Ball Carnival. This year the event will be held at the Coramba Sportsground (TOFOG). All children in Years 3-6 are expected to participate in this collaborative, social event. Children need to be at the sportsground by 9.00 am. Transport is by private vehicle.

**Book Week**

Next week is Australia’s National Book Week. This year we celebrate the theme ‘Books Light Up Our World.’ There is much research to back up the claim that children who read regularly at home achieve much better success later in life. Regular reading also improves children’s spelling, writing and comprehension skills.

There will be a Book Character Parade at school on **Wednesday, August 26th** starting at 2.00 pm. Children are asked to dress up as a favourite book character and bring along a copy of their favourite book. Parents and Carers are welcome to attend this colourful event. At the end of the parade we would like to invite everyone to sit in small groups and read together, sharing the joy of reading and enjoying some great books from the school library. We are very lucky to have such a wonderful variety of quality books at school and hope you will take the opportunity to get to know some new delights and old favourites.

**Assembly 3-6**

On **Wednesday, September 2nd** there will be a Whole School Assembly commencing at 2.20 pm. Children in Years 3-6 have been working on the theme of imagination this term and have some great work to share. We hope you are able to find the time to come along and celebrate the children’s hard work.

**CAPA Enrichment Day**

Also on **Wednesday, September 2nd** there will be a Creative and Performing Arts day for selected students from across the OVLC. This will be held at Karangi School.

**Quality Learning**

Last week we were visited by Mrs Jenny Murray, Director Public Schools, Coffs Harbour network. Mrs Murray had some time in each classroom and was very impressed by the learning she saw in each room. Her comments indicated how enthralled she was with the high quality of learning evident. She said “The visit to the classrooms was a real highlight. I was very impressed with the high level of enthusiasm and engagement of students.” This recognises that all students at Coramba School are working hard and being successful and confident learners. Well done.

**The Tell Them From Me student feedback survey**

I am delighted that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the Tell Them From Me student feedback survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.


The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the Tell Them From Me survey to help improve how they do things at school.

I want to assure you that the survey is confidential. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 17 August and 16 October. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey is being sent home with students. If you do NOT want your child or children to participate, please return the form to school by **August 28**. Copies of the form and FAQs are available from the website above.
The Partners in Learning parent feedback survey

Our school will also be participating in the Partners in Learning parent survey, another part of the Tell Them From Me suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents’ and carers’ perspectives on their child’s experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school’s support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online at home or on public computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 17 August and 16 October. Participating in the survey is entirely voluntary; however, your responses are very much appreciated.


Continued Success

It was wonderful to receive the news last week that ex Coramba students had continued to be successful and were awarded with leadership positions at Coffs Harbour High School. Georgia Bonser and Billy Collier were both made Vice Captains for 2016. Mia Rigoni was named as Prefect. We wish them continued success and are proud that Coramba provides great foundations for future success. Well done to all our ex-students who continue to learn.

Kindergarten Enrolments 2016

Kindergarten Orientation Days are planned for early in Term 4, information will be sent to new students soon. We always welcome any enquiries in regard to enrolling in any year group at Coramba so if you know of anyone who may be interested in their child attending Coramba School, please ask them to contact the office to collect an enrolment pack.

Canteen News

***NEXT MONDAY, 24th August – Due to students leaving for their excursion at 11.30 the canteen will be open for RECESS ONLY.

If you cannot make your rostered day or are unable to cook could you please contact the canteen manager, Nadeen, on 0435 603 149 ASAP so that a replacement can be rostered/cook for Mondays. Thank you.

Roster: Monday, 24th August
Helpers: Nadeen Todd, Perry McManus
Cooks: Mychelle Knight, Nadeen Todd

Roster: Monday, 31st August
Helpers: Nadeen Todd, Leica Thorncroft
Cooks: Stephanie Luck, Sandy Everson

Community News

We are excited to be taking part in the Woolworths Earn & Learn program. You can help our school by collecting Woolworths Earn & Learn Points. Just collect Woolworths Earn & Learn Points when you shop at Woolworths from now until Tuesday 8 September 2015. We will redeem these for awesome educational resources for our school. Simply pop them onto a Woolworths Earn & Learn Points Sheet and once it’s completed, just bring it back to school or drop it into the Collection Box at your local Woolies. The more we collect, the more we can redeem. There are thousands of products available through the Woolworths Earn & Learn program, and we’d like to get lots of new gear! Products in the range include resources for mathematics, English, science, art & crafts, through to sports gear, library supplies and more.

We are grateful for your support and look forward to a successful program. If you’d like to know more visit woolworths.com.au/earnandlearn
Super cool bento box

Ingredients:
- Kebab skewers,
- Brown rice crackers
- Strawberries to Serve

Pea Hummus (blend together):
- 1 cup frozen peas
- 200g canned chickpeas, drained
- 1 Tbsp. tahini, 2 Tbsp. lemon juice, 1 Tbsp. olive oil

Mini Skewers:
- 1 lebanese cucumber,
- 3 grape tomatoes,
- 30g piece of cheese

Ham, cheese and carrot wraps:
- 2 sundried tomato wraps
- 30g spreadable cream cheese,
- 60g shaved ham,
- 1 small carrot grated

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The simplest way

Chickpea + Vegie curry
1 teaspoon canola oil
1 onion, chopped
3 cloves garlic, finely chopped
1 tablespoon ground cumin
1 tablespoon ground coriander
1 tablespoon curry powder
400g can chickpeas, drained and rinsed
¼ zucchini, chopped
3 carrots, chopped
1 cup frozen green beans
400g can tomatoes (no-added-salt)
165g can reduced-fat coconut milk
4 cups cooked rice (from 1 ½ cups of uncooked rice), to serve

Method
Heat oil in a frypan or pot and fry onions, garlic and spices for 2 minutes – Add the rest of the ingredients and simmer with the lid off for 15-20 minutes – Serve with rice
Variation: you can use a variety of vegetables in this curry. Potatoes, broccoli, cauliflower and capsicum all work well.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit